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Adjoint functors

$f^*$  left adjoint to  $f_*$

$\epsilon: f^* f_* \rightarrow \text{id}$  (counit)       $\eta: \text{id} \rightarrow f_* f^*$  (unit)

A monad on a category  $\mathcal{C}$  is an endofunctor

$T: \mathcal{C} \rightarrow \mathcal{C}$  equipped w/ natural maps

$\mu: T^2 \rightarrow T$  and  $\eta: \text{id} \rightarrow T$  satisfying evident compatibilities.

dual notion: comonad

An algebra over the monad  $T$  is an object  $M \in \mathcal{C}$  equipped w/ evident maps satisfying evident compatibilities

The definition of a monad should be clear from:

example       $f^*$  left adjoint to  $f_*$ , now take  
 $T = f_* f^*$  and use unit/counit to define the maps.

Thm Every monad arises from an adjunction.

There is also a suitable uniqueness statement here.

consider  $\mathcal{C} \xrightleftharpoons[f_*]{f^*} \mathcal{D}$  want to describe  $\mathcal{C}$  in terms of  $\mathcal{D} + \text{monad}$ .

look up: treatment of descent via this perspective. //